

Eye of the Beholder

original hand and machine applique patterns inspired by the world around us
Quilt Design

Holiday Blooms



Machine Reverse Appliqué
Dimensions: 21" x21"

Good Cheer and Success to you!

pattern & design by
Margaret Brewster Willingham

Holiday Blooms



Holiday Blooms was designed just for the **AQS Christmas Countdown 2020**. Good cheer and success are yours with these holiday Poinsettias created with our simple machine reverse appliqué method with appliquéd flower centers.

This is a quick and fun project to create a festive red and green 21" x 21" quilted piece to use as a wall-hanging, table décor piece, as a last minute gift or as a holiday pillow, just in time for Christmas.

Reverse Appliqué Overview

In a reverse appliqué design, the pretty design is made by the background fabric peeking out through cut outs in the top fabric. If you're used to appliqué it can mess with your head at first. But don't worry. You'll get used to it in no time at all. And it's so beautiful! Just remember, the design shapes you see are made in the background fabric peeking out through cut out "holes" in the top fabric.

Supplies Needed:

- **Fabric for Top & Binding:**
 - 1 Fat Quarter White batik
 - 1 Fat Quarter Green batik
 - 1 Fat Quarter Red batik
 - ¼ yard Yellow batik
- Backing fabric: ¾ yard (27" x 27") White batik
- Batting: 27" x 27" square
- **Soft Fuse (double-sided, paper-backed, iron-on fusible)*: 11" x 21"**
- Terial Magic spray-on stabilizer*, or fabric stabilizer of your choice.
- Mechanical pencil for tracing pattern on Soft Fuse
- small sharp tipped scissors. We like our Kai 4" bent-handled sharp-tipped scissors*.
- Open-toed sewing machine foot strongly recommended
- 75/11 or 80/12 sewing machine needles
- Thread
 - 40 or 50 wt. thread for stitching, machine reverse appliqué and quilting
 - Floriani machine embroidery thread can be nice to use for machine reverse appliqué
- Basting spray (optional)
- Straight pins

*These helpful items are available for purchase, as are convenient fabric kits, on www.eobquiltdesign.com.

General Sewing & Pattern Information

It is always a good idea to read the pattern completely through, imagining yourself making it as you go, before you begin. Then you will read it again step by step as you make it.

Sew with right sides together and use a ¼" seam allowance unless otherwise directed.

Check out our 5- part blog series on *Machine Reverse Appliqué* (posted January 3, 10, 17, 24 & 31, 2018) in the tutorial section. To make this pattern by hand read our *Reverse Needle-turn Applique Tutorial* on www.eobquiltdesign.com.

Understanding your pattern pieces: The reverse appliqué patterns have hash marks on the top, bottom and sides for centering your fusible on the pattern. **Black** shapes = reverse appliqué; **Dark Gray** shapes = appliqué. Pattern pieces for *Holiday Blooms* are full-size and can be printed at home on 8.5" x 11" paper. Make sure your printer is set to print ACTUAL SIZE.

Cutting: (WOF=Width of Fabric)

White:

Cut: 1 – 11" x 22" WOF strip; **Sub-cut:** 1 – 11" x 11" square Center Flower Block, top fabric; 2 – 5 ½" x 11" rectangles Borders.

Cut: 1 – 5 ½" x 22" WOF strip; **Sub-cut:** 2 – 5 ½" x 11" rectangles Borders.

Holiday Blooms

Green:

Cut: 1 – 11” x 22” WOF strip; **Sub-cut:** 1 – 11” x 11” square Center Flower Block, background fabric; 4 – 5 ½” x 5 ½” squares Petal Corner Post Blocks, top fabric.

Red:

Cut: 1 – 5 ½” x 22” WOF strip; **Sub-cut:** 4 – 5 ½” x 5 ½” squares Petal Corner Post Blocks, background fabric.

Yellow:

Cut: 4 – ¾” x WOF strips; **Sub-cut:** 2 – ¾” x 11” strips Inner Borders; 4 – ¾” x 5 ½” strips Inner Borders; 2 – ¾” x 21 ½” strips Top/ Bottom Inner Borders; Use remainder for appliqué of 5 Flower Centers.

Cut: 2 – 2” x WOF Binding strips.

Soft Fuse (double-sided, paper-backed, iron-on fusible):

Cut: 1 – 10 ½” x 10 ½” square Center Flower Block; 4 – 5” x 5” squares Petal Corner Post Blocks; 1 – 2 ½” x 2 ½” square for appliqué Flower Centers.

(21” x 21”)

Making the Quilt Top: Holiday Blooms

You will make the pattern using our Trace, Snip Iron & Stitch method for Machine Reverse Appliqué with Appliqué. For more help on machine reverse appliqué and appliqué, visit the Technique Tutorials and Blogs at www.eobquilt.com.

Let's begin.

Making Reverse Appliqué Blocks with Appliqué

Center Flower Block (Make 1) and Petal Corner Post Blocks (make 4)



Needed: 1 – 11” x 11” square **White** top fabric, Center Flower Block; 1 – 11” x 11” square **Green** background fabric, Center Flower Block; 4 – 5 ½” x 5 ½” squares **Green** top fabric, Petal Corner Post; 4 – 5 ½” x 5 ½” squares **Red** background fabric, Petal Corner Post; **Soft Fuse:** 1 – 10 ½” x 10 ½” square, Center Flower Block; 4 – 5” x 5” squares, Petal Corner Posts; 1 – 2 ½” x 2 ½” squares for appliqué Flower Centers.

Machine Reverse Appliqué

Trace -

1. Lay out Center Flower Block pattern. Find the middle of the length and width of the 10 ½” x 10 ½” fusible square. Crease. Open up fusible and lay on pattern with paper side up, aligning folds with the patterns hash marks. Pin to pattern.
2. With a sharp pencil trace all **black/ dark gray shapes** onto the fusible. When done, remove pins.
3. Repeat steps 1 & 2 with the Petal Corner Post pattern and the 5” x 5” squares of fusible, tracing the block 4 times.

Iron -

1. Find the middle of the length and width of your top fabrics (1 – 11” x 11” **White** square for Center Flower Block; 4 – 5 ½” x 5 ½” **Green** squares for Petal Corner Posts) by folding. Iron or finger fold. Open up to lay flat.
2. Lay top fabrics right side down. Lay respective Soft Fuse pieces, glue side down, onto the wrong side of top fabrics. You may want to secure with pins. Iron fusible onto your fabric following your fusible material's directions. Remember to remove your pins before you iron.

Snip -

With small, sharp scissors, carefully cut on the lines to cut out the **black/ dark gray** shapes on the pattern. Discard what you cut out. On the pattern piece:

White- your top material

Black/ dark gray- what you will cut out and discard

Iron -

1. Find the middle of the length and width of your background fabrics (1 – 11” x 11” square of **Green**, Center Flower Block; 4 – 5 ½” x 5 ½” squares **Red**, Petal Corner Posts). Iron or finger fold. Open up and lay flat with wrong side down.

Holiday Blooms

2. Peel the paper off the fused top materials without tearing it. (DO NOT discard. You will use this paper, your "A" map, as a template for placement of the applique). Carefully lay glue side of fused top material of Center Flower Block onto the right side of the Center Flower Block's background material. Align the middles of the length and width of both fabrics with each other. Iron fused top fabric onto the background, following your fusible material's directions.
3. Repeat Iron steps 1, 2 & 3 for the Petal Corner Post Blocks.

Machine Appliqué

Trace -

1. Lay out your pattern. Lay your 2 ½" x 2 ½" square of Soft Fuse over the **Dark Gray** Flower Centers with the paper side up and trace 5 times with a sharp pencil.
2. Lay a piece of **Yellow** appliqué fabric, right side down. Place iron-on fusible, glue side down, onto the wrong side of your appliqué fabric. Iron fusible onto your fabric following your fusible material's directions.

Snip-

With small, sharp scissors, carefully cut on the lines of these **Dark Gray/ appliqué shapes**, so you have 5 **Yellow** Flower Centers.

Iron-

1. Place your Reverse Appliqué tops of Center Flower Block and Corner Post Petal Blocks on your ironing surface with the right side up and place your "A" maps on them. Align the cut-outs in the paper with the matching shapes of the design on your Reverse Appliqué blocks. Pin the upper edges.
2. Peel the paper off your Flower Center appliqué shapes. Place the fused Flower Center appliqué shapes, glue side down, onto your blocks under the paper. Use the paper to help position them.
3. Iron onto the top of your blocks, following directions for your fusible material.
4. Spray your blocks with Terial Magic spray-on stabilizer or use an add-in stabilizer of your choice.

Stitch- Machine Reverse Appliqué & Machine Appliqué

1. Switch to your open-toed sewing machine foot.
2. To satin stitch, select your machine's zig-zag stitch and adjust the stitch's width and length until you have the desired look. Or select your sewing machine's satin or applique stitch.
3. Thread your sewing machine with thread that matches your reverse appliqué fabric and machine reverse appliqué with a satin stitch, covering all raw edges of your top fabric.
4. Then thread your sewing machine with thread that matches your appliqué fabric and machine appliqué with a satin stitch, covering all raw edges of your appliqué fabric.

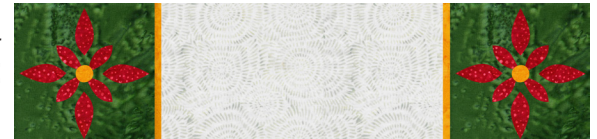
When you've finished your stitching, square up and trim your blocks, being sure to center your design. Square up and trim Center Flower Blocks to 11" x 11" and Petal Corner Post Blocks to 5 ½" x 5 ½".

Quilt Top Assembly

Needed: 1 Center Flower Block; 4 Corner Post Petal Blocks; 4 - 5 ½" x 11" Borders; 2 - ¾" x 11" strips Inner Borders; 4 - ¾" x 5 ½" Inner Borders; 2 - ¾" x 21 ½" Top/ Bottom Inner Borders

Referring to the picture, sew:

Row 1: Corner Post Petal Block - ¾" x 5 ½" Inner Border - 5 ½" x 11" Border - ¾" x 5 ½" Inner Border - Corner Post Petal Block. Iron seams towards Petal Corner Post Blocks.



Row 2: Sew a ¾" x 21 ½" Top/Bottom Inner Border to the bottom edge of Row 1. Iron seams towards Inner Border.



Holiday Blooms

Row 3: Sew a $5\frac{1}{2}$ " x 11" Border - $\frac{3}{4}$ " x 11" Inner Border - Center Flower Block - $\frac{3}{4}$ " x 11" Inner Border - $5\frac{1}{2}$ " x 11" Border. Iron seams towards Inner Borders.

Sew Row 3 to Row 2. Iron seams to Inner Border.



Row 4: Sew a $\frac{3}{4}$ " x $21\frac{1}{2}$ " Top/Bottom Inner Border to the bottom edge of Row 3. Iron seams to Inner Border.



Row 5: Sew a Corner Post Petal Block - $\frac{3}{4}$ " x $5\frac{1}{2}$ " Inner Border - $5\frac{1}{2}$ " x 11" Border - $\frac{3}{4}$ " x $5\frac{1}{2}$ " Inner Border - Corner Post Petal Block. Iron seams towards Corner Post Petal Blocks.

Sew Row 5 to row 4. Iron seams towards Inner Border. Square up and trim to $21\frac{1}{2}$ " x $21\frac{1}{2}$ ".



Holiday Blooms

Finishing

Layering and Quilting

Needed: Quilt top; ¾ yards Backing; 27" x 27" square, batting

Prepare backing so that it measures 27" x 27". Layer quilt top with batting and backing and quilt as desired. When quilting reverse appliqué, quilt inside the reverse appliqué spaces to accent them, and keep the quilting in the top fabric at least ¼" away from these shapes or you'll flatten the piece out. Trim quilt to 21 ½" x 21 ½".

Preparing Binding

Needed: 2 – 2" x WOF Binding strips

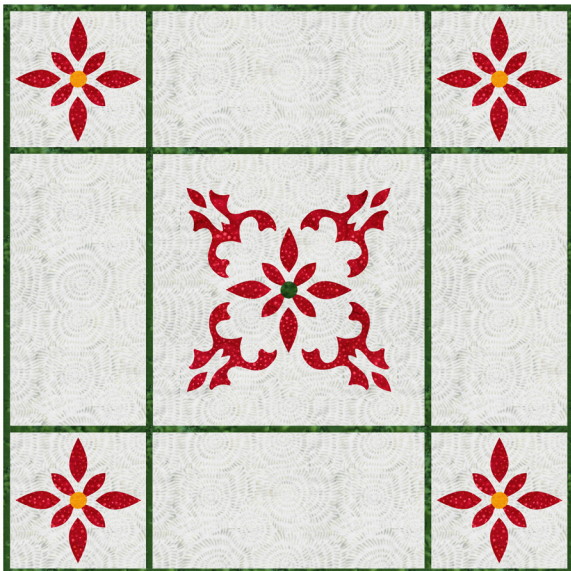
Sew binding strips together end to end with a 45° angle to make an 84" continuous binding strip. Trim each 45° angle seam 1/4" from stitch line. Iron all seams in the same direction. Fold in half lengthwise with wrong sides together and iron. Align raw edges of folded binding with the raw edges of the quilt top and sew, mitering the corners. If you want to hang your piece, now is a good time to add your hanging sleeve. Fold over the binding to the back of the quilt top and stitch by hand or machine.

Brilliant Bindings – Do you ever wish you could get perfectly mitered corners and no-fuss end seams on your bindings? Debbie Wendt at Wendt Quilting comes to the rescue with her Brilliant Bindings tool. There's even a demonstration video to guide you thru the process. Visit the website at www.wendtquilting.com



You are ready to celebrate with *Holiday Blooms* ... and *Enjoy a Touch of Christmas Elegance!*

Deck the Halls – Your walls are decked now deck your floors! How about a unique, durable holiday-themed Floor Canvas Quilt for your floor? You'll fall in love with these adorable, whimsical designs by Tami Pfeil. Be sure to visit www.handbehg.com and choose from four cute-as-a-bug holiday designs. And her fabric bundles include the pattern for free. Or how about creating a unique reverse appliqué Floor Canvas Quilt with Tami's supplies and an Eye of the Beholder pattern?

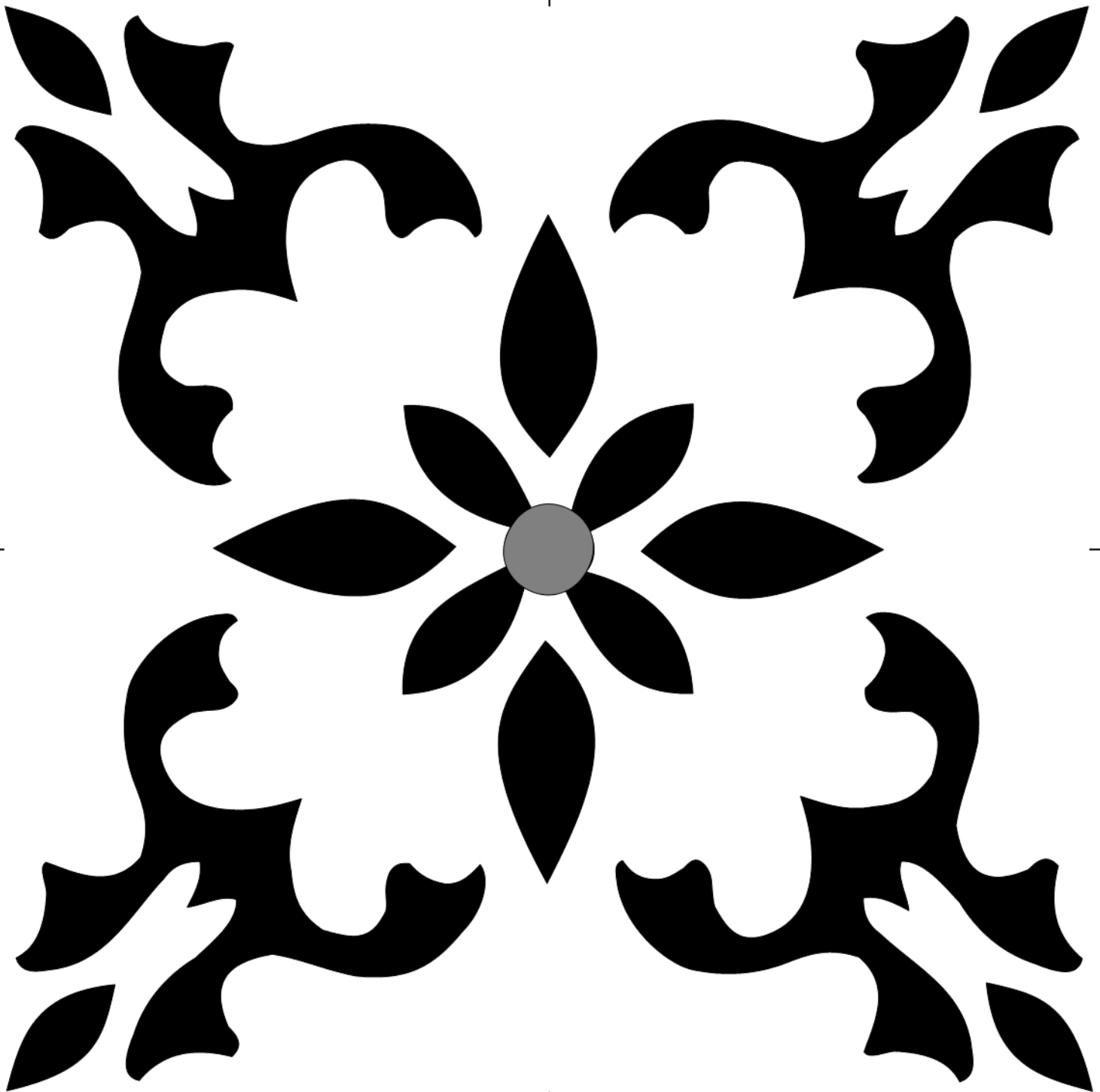


Try these other kit variations to ring in the holidays! Spring colorways are also available. Find them at www.eobquilt.com

Eye of the Beholder Quilt Designs
www.eobquilt.com

Holiday Blooms

Center Flower Block

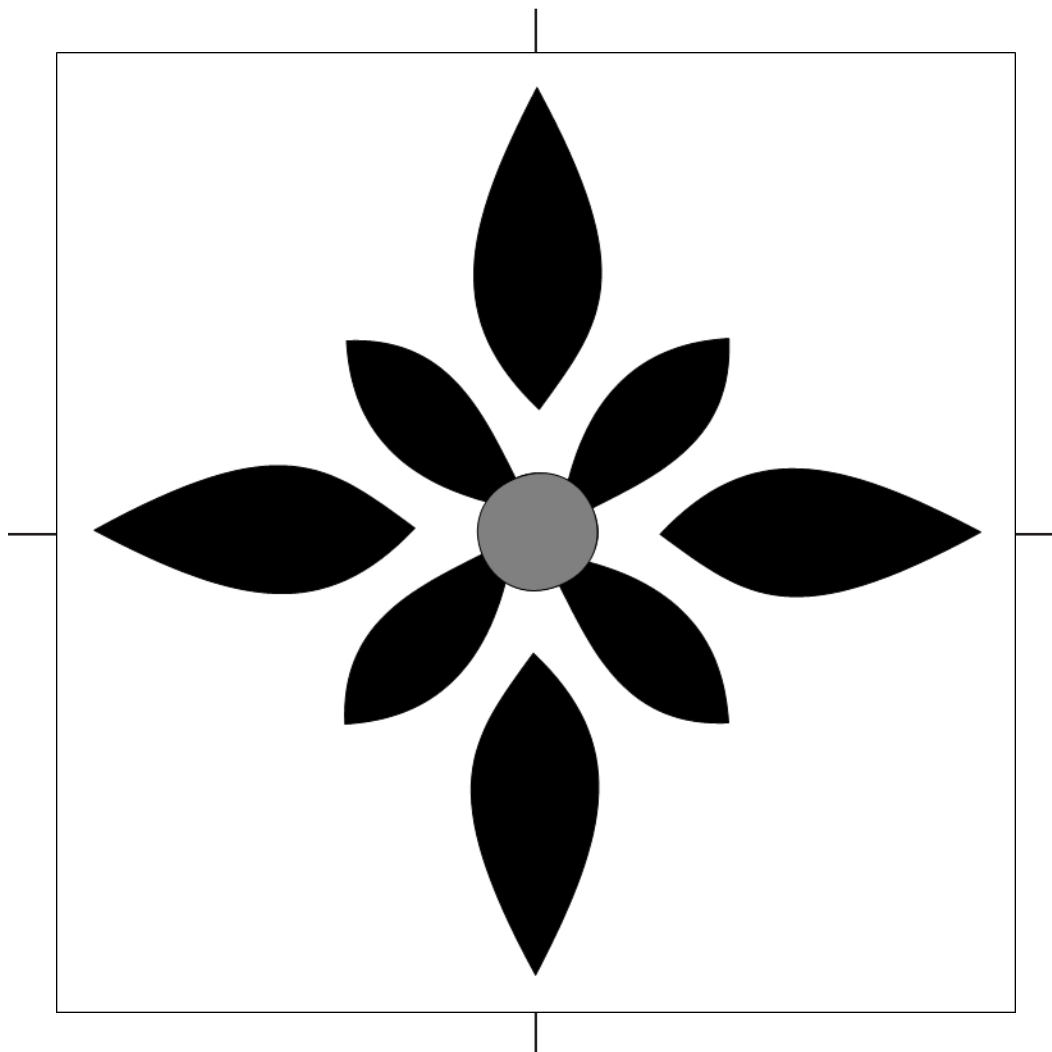


To print full size, make sure your printer is set to print "ACTUAL" size, NOT to "FIT."

1" = _____

Holiday Blooms

Petal Corner Post Block



To print full size, make sure your printer is set to print "ACTUAL" size, NOT to "FIT."

1" = _____

Technique Tutorials & Blogs

For further help and Ideas, check out our **Technique Tutorials** and **Blogs** on www.eobquiltdesign.com

Technique Tutorials

- Reverse Needle Turn Applique
- Adding a Third Material-Applique
- Machine Applique
- Bindings, Part 1: Making Continuous Binding
- Bindings, Part 2: Mitered Bindings by Machine
- Bindings, Part 3: Hand Stitching Mitered Corners
- Framed Binding Tutorial
- How to Miter Corners
- Setting Triangles and Sashing
- Adding a Third Material-Reverse Applique

Blogs

Tutorials section:

- Making Half-Square Triangles: HST, posted 6/5/2020
- Reverse Applique with Applique and Under-coloring-Hand & Machine, posted 4/28/2020
- Paper-Piecing Know How: Friendship Pineapple Block, posted 4/28/2020
- Toddler Face Mask adapted with Sewn in Filter and Hair Elastics, posted 4/8/2020
- Face Mask Adaptations for civilian use/ Making Fabric tape, posted 4/8/2020
- Quilting Reverse Applique, posted 9/7/2019
- How Do I Choose a Pattern?, posted 5/16/2019
- Can You Baste by Machine?, posted 3/5/2019
- Red & White Explosion: From the Agony of Defeat..., posted 3/8/2018
- Red & White Explosion: From the Thrill of Victory... 3/7/2018
- Machine Reverse Applique- Part 5 of 5: Curves & Circles, posted 1/31/2018
- Machine Reverse Applique- Part 4 of 5: Corners & Acute Points, posted, 1/24/2018
- Machine Reverse Applique – Part 3 of 5: Your Sewing Machine & You, posted 1/17/2018
- Machine Reverse Applique- Part 2 of 5: Stabilizing your Fabric, posted 1/10/2018
- Machine Reverse Applique- Part 1 of 5: Creative Possibilities, posted 1/3/2018
- Feel the Love with Snowy Hearts, posted 1/11/2018
- Embellished Amidala's Flower, posted 5/21/17
- Goes She Round: Reverse Applique Circles, posted 3/8/17
- Round She Goes: Applique Circles, posted 2/22/17
- Tracing Tips for Dark Fabrics, posted 5/20/16
- To the Point...Outside Points, posted 10/30/15
- Pointers...Inside Points & Corners, posted 10/23/15
- Basting. No, Not a Turkey, posted 3/21/14
- Snip & Trim Tips, posted 9/3/14
- Oops! I Snipped my Background, posted 9/10/14
- Our Patterns...Photographic Negatives, posted 11/4/13
- Adding a Sleeve for Hanging, posted 9/27/15
- Pillow Talk. Making a Pillow with optional Piping, posted 12/11/15
- Go Figure: How Much Binding do I Need?, posted 9/27/15
- Stability for Silk, posted 1/5/2014

Tools & Notions section:

- Let There Be Light, posted 12/2/13
- Scissors Are Not All Created Equal. I Like Kai Best!, posted 12/24/14
- Bright Ideas for a Light Box, posted 2/17/14

About the Patterns section:

- May Day: May your days be beautiful like the blooms of May, posted 6/23,2020
- Tulips and Lace Quilt XI: Nostalgic Beauty, Delicate & Strong, posted 6/12/2020

Technique Tutorials & Blogs

- Hospitality: Welcome Friends! With Open Arms and Open Hearts, posted 4/28/2020
- Christmas Berries Gets New Life! Spring Berries, posted 5/24/2019
- Lollipop Garden Quilt XV: A Bit of Whimsy, posted 5/18/2019
- Legacy Medallion XVI: Connecting Us to the Past and the Past to the Future, posted 5/17/2019
- Flowers in the Wind: A Quilted Transcription, posted 5/10/2018
- Embellished Amidala's Flower, posted 5/19/2017
- Yorkshire Pudding: A Yummy Quilt Treat from the Northern Woods (of England), posted 4/17/2018
- Vintage Jewel. Enjoy a Touch of Jeweled Elegance, posted 5/17/2016
- Illumination: In-Process Creation, posted 5/16/2016
- Hearts & Fleurs: Always in Season, posted 10/19/2015
- Radiating Drops of Sunshine to Cuddle up on. Radiance Medallion V, posted 10/13/ 2015
- Majesty by hand Comes Alive , posted 1/11/2015
- Majesty for Machine: Vibrant, posted 1/6/2015
- Majesty: Creative Opportunities, posted 12/31/2014
- Marrakesh for Machine, posted 12/30/2014
- From humble beginnings to Majesty, posted 12/29/2014
- Marrakesh, Something New from Something Old, posted 12/18/2014
- New Ideas...part 4. Voila!, posted 4/28/2014
- New Ideas...part 3. Coloring it in., posted 3/7/2014
- New Ideas...part 2. Creating a Pattern, posted 2/7/2014
- New Ideas...part 1. Inspiration, posted 11/6/2013

Creativity with Patterns:

- Karen's Hospitality – West Meets East, posted 8/7/2020
- Hooray for the Red, White & Blue!, posted 7/1/2020
- Whirlwind: Piecing the background fabric, posted 4/24/2020
- Make a Mola with Block 10, posted 3/20/2020
- Piecing the Background fabric: Stripes, posted 2/5/2020
- Christmas Berries Gets New Life! Spring Berries, posted 5/24/2019
- Feel the Love with Snowy Hearts, posted 1/11/2018
- Embellished Amidala's Flower, posted 5/19/2017
- Creative Solutions with Radiance, posted 3/28/2017
- Illumination: In-Process Creation, posted 5/16/2016
- Pillow Talk. Making a pillow with optional Piping, posted 12/11/2015
- Majesty for Machine ends in Sunrise, posted 1/10/2015

Please email us info@eobquiltedesign.com at with pictures so we may post them on the Eye of the Beholder Facebook page. After we have posted them, we will email you a discount coupon code to get 10% off your next print pattern purchase on the website.



Eye of the Beholder Quilt Designs
www.eobquiltedesign.com