





What are some reasons this quilt is special to you? What was the greatest lesson this quilt taught you?

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Who have been the main influences in your quilting journey? List them and their contributions.

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What have been the milestones along the way during your quilting journey? Those moments you can point to that changed the way you quilted, the way you thought about quilting, or renewed your creativity?

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Make a timeline of your quilting journey noting key moments and events.

*ie. year*

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What challenges have you faced along the way? How has quilting helped you through those challenges? What does it mean to you to be creative through good and bad times?

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Where has quilting taken you? Make a list of all the places you have visited along the way? What are your favorite spots?

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What swaps, challenges, round robins, and collaborative efforts have you participated in? Put a star by your favorites. List who participated with you.

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What techniques do you have left on your list you want to learn?

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Who do you make your quilts for? List all the people, organizations, or charities you have made quilts for. What events did they commemorate?

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Who are your quilting companions? List them and make up quilting nicknames for each (e.g. "Skipped Stitch," "Betsey Ross," "Seam Splitter.")

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If your quilts could talk, what would your stitches say about you?

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